

A new PE class for girls!

New Moves

A class for the rest of us

Wish there was a PE
class for girls who
aren't jocks?

Check out New Moves!

🌀 girls-only!

- 🌀 a non-traditional PE class!
- 🌀 an opportunity to get active in fun and new ways!
- 🌀 a chance to try activities like kickboxing, yoga, and more!
- 🌀 a fun way to get a PE credit!

For more information about New Moves talk to:

A new PE class made for girls!

New Moves

I would rather kickbox than play basketball!

Exercise is not my thing.

Boys are fine, but not in my PE class.

I'm not athletic!

I'm sick of losing weight and gaining it back!



If you've ever wished PE class was different, New Moves may be just the class for you!

New Moves is a fun way to get a PE credit!

For more information about New Moves talk to:

New Moves PE class

Maybe you liked PE in the past,
maybe you didn't. Regardless,
New Moves PE is different.

New Moves is:

a
fun way to
get a PE
credit!

an
opportunity
to get active in
fun and new ways!

girls
only!

a chance to
try
activities like
kickboxing, yoga,
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a PE class for
girls who
aren't
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For more information about New Moves talk to:

Coming next fall...



New Moves

a unique
physical
education class
about fun ways to

move your body

eat healthy

stay strong



for
girls
only

Talk to your PE teacher for
more details...